

About Hike Bike Kayak San Diego:

Hike Bike Kayak San Diego is a multi-sport tour operator in San Diego. Based out of La Jolla Shores, the company offers a wide variety of tours and on-going programs. Hike Bike Kayak has been in business since May 2000 and is quickly becoming one of the largest tour operators in San Diego.

Tours: Kayaking, biking, hiking and walking tours in the San Diego area. Daily tours include La Jolla Sea Cave Kayak tours and regularly scheduled tours include the La Jolla Plunge (exhilarating bike ride down Soledad Mountain plus a tour of La Jolla and Pacific Beach).

The signature “Hike/Bike/Kayak Tour” is a one-day multi-sport adventure tour of San Diego – includes the La Jolla Sea Cave kayak trip, a La Jolla bike tour and hiking trip to the Torrey Pines Reserve.

Rentals and Lessons: Rentals and lessons offered for many sports including kayaking, surfing, biking. All types of beach gear available for rent including chairs, sand-castle toys, boogie boards, soft surfboards, bikes, kayaks and snorkel equipment.

Special Events: The year-round calendar of special events includes sea turtle kayak tours, doggy paddles (take your dog kayaking), full moon and sunset kayak trips, Humphrey’s concerts paddles, adventure racing kayak training, mountain bike clinics and July 4th fireworks paddling.

Custom tours: Custom tours and team-building events can be arranged. Family packages and hotel packages featuring a choice of activities are available.

On-going Programs: Adventure Challenge – a 6-week program combining three weekly workouts, customized diet plans, nutrition lectures and unparalleled motivation to help participants achieve their fitness goals. This program is appropriate for individuals of all fitness levels.

Travel writers: Hike Bike Kayak hosts travel writers with valid "Letters of Assignment". We allow for one and occasionally two free spaces for a writer plus photographer. Please call to set up a date and time.

Contact Info for Hike Bike Kayak San Diego

- Phone 858 551-9510 for more info. Drop-ins are welcome, reservations are encouraged. Or see the web site for more information. (www.hikebikekayak.com). Or e-mail info@hikebikekayak.com
- Shop Location: 2245 Avenida de la Playa, La Jolla, CA 92037 (La Jolla Shores)